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Remimeo

O-IV EXPANDED GRADE PROCESSES - TRIPLES

PART D

GRADE 2 PROCESSES

This HCOB gives a checklist of the expanded triple grade process commands, not necessarily complete with all processes for the grade but is what is run at Flag at this time.

Each process listed for a grade must be run. Any previously run are rehabbed and any missing flows run.

All processes are run to full end phenomenon of F/N, Cog, VGIs and Release.

A copy of this HCOB is placed in the folder of a pc being run on expanded grades and the processes checked off with an F/N and date as each is run to EP.

LEVEL II OVERTS AND WITHOLDS

1. WORRY PROCESS

REF: HCOB 5 Jan 1961 "O/W a Limited Theory".

F-1 "Get the idea of something worrying you"

"Get the idea of something not worrying you"

to EP _____

F-2 "Get the idea of you worrying something"

"Get the idea of you not worrying something"

to EP _____

F-3 "Get the idea of something worrying others"

"Get the idea of something not worrying others"

to EP _____

2. ADDITIONAL HAS PROCESSES HAS VIII

REF: HCOB 19 Jan 1961, "Additional HAS Processes".

F-1 "Get the idea of another making you friendly"

"Get the idea of another making you unfriendly"

to EP _____

F-2 "Get the idea of you making another friendly"
"Get the idea of you making another unfriendly"
to EP _____

F-3 "Get the idea of another making others friendly"
"Get the idea of another making others unfriendly"
to EP _____

May be run using a specific terminal.

3. CONFRONT PROCESSES

REF: HCOB 4 May 1959, "An Affinity Process".

F-1 "What would another like you to confront?"
to EP _____

F-2 "What would you like another to confront?"
to EP _____

F-3 "What would another like others to confront?"
to EP _____

4. CONTINUOUS CONFRONT PROCESS

REF: HCOB 14 July 1960, "Concept Help".

F-1 "What could another make you continue
to confront?"
"What would you rather not continue
to confront?" to EP _____

F-2 "What could you make another continue
to confront?"
"What would another rather not continue
to confront?" to EP _____

F-3 "What could another make others continue
to confront?"
"What would others rather not continue
to confront?" to EP _____

5. MELBOURNE 3

REF: HCOB 4 Dec 1959, "Allowed Processes 1st Melbourne AC".

Dynamic assessment. Run on charged terminals.

F-1 "What part of you could a _____ confront?"
"What part of you would a _____
rather not confront?" to EP _____

- F-2 "What part of a _____ could you confront?"
"What part of a _____ would you
rather not confront?" to EP _____
- F-3 "What part of others could a _____ confront?"
"What part of others would a _____
rather not confront?" to EP _____

6. 29 DEC '60 ARC PROCESS

REF: HCOB 29 Dec 1960, "The New PE and the New HAS Co-audit".

- F-1 "Find something that disagrees with you"
"Find something that agrees with you" to EP _____
- F-2 "Find something you disagree with"
"Find something you agree with" to EP _____
- F-3 "Find something that disagrees with others"
"Find something that agrees with others"
to EP _____
- F-1 "Find something that would rather not
communicate with you"
"Find something that would communicate with you"
to EP _____
- F-2 "Find something you would rather not
communicate with"
"Find something you would communicate with"
to EP _____
- F-3 "Find something others would rather not
communicate with"
"Find something others would communicate with"
to EP _____

ALSO

- F-1 "Find something that seems unreal to you"
"Find something that is real to you" to EP _____
- F-2 "Find something you seem unreal to"
"Find something you are real to" to EP _____
- F-3 "Find something that seems unreal to others"
"Find something that is real to others"
to EP _____

7. '55 ARC PROCESS

REF: Dianetics '55, p. 142, "ARC Processing".

F-1 "Tell me something that would
communicate with you" to EP _____

F-2 "Tell me something you might
communicate with" to EP _____

F-3 "Tell me something that would
communicate with others" to EP _____

ALSO

F-1 "What might agree with you?" to EP _____

F-2 "What might you agree with?" to EP _____

F-3 "What might agree with others?" to EP _____

ALSO

F-1 "Tell me something that might like you" to EP _____

F-2 "Tell me something you could like" to EP _____

F-3 "Tell me something that might like others"
to EP _____

ALSO

F-1 "Tell me something or someone who
could understand you" to EP _____

F-2 "Tell me something or someone you
could understand" to EP _____

F-3 "Tell me something or someone who
could understand others" to EP _____

8. R2-25 VIEWPOINT ARC STRAIGHTWIRE

REF: Creation of Human Ability, p. 65.

F-1 "Who would it be alright to have like you?"
"Who would it be alright to have agree with you?"
"Who would it be alright to have communicate
with you?" to EP _____

F-2 "Who would it be alright for you to like?"
"Who would it be alright for you to agree with?"
"Who would it be alright for you to
communicate with?" to EP _____

F-3 "Who would it be alright for others to have like them?"

"Who would it be alright for others to have agree with them?"

"Who would it be alright for others to have communicate with them?"

to EP _____

9. MELBOURNE 4

REF: HCOB 4 Dec 1959, "Allowed Processes 1st Melbourne ACC".

2 way comm on overts and witholds with pc to EP _____

10. HAS CO-AUDIT PROCESS 11

REF: HCOB 29 Dec 1960, "The new PE and the new HAS Co-audit".

F-1 "Get the idea of another attacking you"

"Get the idea of another not attacking you"

to EP _____

F-2 "Get the idea of you attacking another"

"Get the idea of you not attacking another"

to EP _____

F-3 "Get the idea of others attacking others"

"Get the idea of others not attacking others"

to EP _____

11. REVELATION PROCESS XI

REF: HCOB 8 March 1962, "The Bad Auditor".

F-1 "What might another confront?"

"What might another permit you to reveal?"

to EP _____

F-2 "What could you confront?"

"What would you permit another to reveal?"

to EP _____

F-3 "What might others confront?"

"What might others permit others to reveal?"

to EP _____

ALSO

F-1 "What might another hate to confront?"

"What would you rather not have another reveal?"

to EP _____

F-2 "What would you rather not confront?"
"What might another object to your revealing?" to EP _____

F-3 "What might others hate to confront?"
"What might others object to another revealing?" to EP _____

ALSO

F-1 "What should be confronted by you?"
"What shouldn't you ever have to confront?" to EP _____

F-2 "What should be confronted by another?"
"What shouldn't another ever have to confront?" to EP _____

F-3 "What should be confronted by others?"
"What shouldn't others ever have to confront?" to EP _____

12. REVELATION PROCESS X2

REF: HCOB 15 March 1962, "Suppressors".

F-1 "What wouldn't you want another to present to you?"
"What has another presented to you?" to EP _____

F-2 "What wouldn't another want you to present?"
"What have you presented to another?" to EP _____

F-3 "What wouldn't others want another to present?"
"What has another presented to others?" to EP _____

13. LIE PROCESS

REF: PAB 46, 8 Feb 1955.

"Start lying"
"Keep on lying" to EP _____

OR

F-1 "Tell me some lies of another about their past"
"Tell me some lies of another about their present"
"Tell me some lies of another about their future" to EP _____

F-2 "Tell me some lies about your past"
"Tell me some lies about your present"
"Tell me some lies about your future" to EP _____

- F-3 "Tell me some lies of others about their past"
- "Tell me some lies of others about their present"
- "Tell me some lies of others about their future"

to EP _____

14. CRITICISM STRAIGHTWIRE

REF: HCOB 13 Oct 1959, "A Useful Process".

- F-1 "Recall another being critical of you"
- "Recall another withholding criticism of you"

to EP _____

- F-2 "Recall you being critical of another"
- "Recall you withholding criticism of another"

to EP _____

- F-3 "Recall another being critical of others"
- "Recall another withholding criticism of others"

to EP _____

15. GENERAL OVERTS STRAIGHTWIRE

REF: HCOB 3 Feb 1959, "HGC Current Procedure".

- F-1 "Recall a time another did something to you"

to EP _____

- F-2 "Recall a time you did something to another"

to EP _____

- F-3 "Recall a time another did something to others"

to EP _____

16. O/W STRAIGHTWIRE AND SELECTED PERSON OVERTS STRAIGHTWIRE

Combined as commands triple are the same for both.

REF: HCO B 11 June 1959, "Location of Terminals"
HCO B 3 Feb 1959, "HGC Current Procedure"
HCO B 24 Feb 1959, "Technical HCOB"
HCO B 27 Feb 1959, "How to Select Selected Persons"

To find items, run these 2wc questions each to F/N,
Cog, VGIs:

- (a) "Who in your life is to blame for the condition you're in?"
- (b) "Who was the person who really had it in for you?"
- (c) "Who do you know or did you know that you'd really hate to be?"
- (d) Ask who he has felt pity, blame, shame, regret for or forgotten about.

Cull and run reading terminals as follows by descending order of reads.

- F-1 "Recall something _____ has done to you"
"Recall something _____ has withheld from you"
to EP _____
- F-2 "Recall something you have done to _____."
"Recall something you have withheld from _____."
to EP _____
- F-3 "Recall something _____ has done to others."
"Recall something _____ has withheld from others."
to EP _____

17. UNIVERSE O/W STRAIGHTWIRE

REF: HCOB 5 Oct 1959, "Universe Processes".

Assess: Thetan, Mind, Body, Physical Universe.

Run each reading item in the following in descending order of reads.

- F-1 "Recall something _____ has done to you."
"Recall something _____ has withheld from you."
to EP _____
- F-2 "Recall something you have done to _____."
"Recall something you have withheld from _____."
to EP _____
- F-3 "Recall something _____ has done to others."
"Recall something _____ has withheld from others."
to EP _____

18. KNOW TO MYSTERY STRAIGHTWIRE

REF: HCOB 13 Oct 1959, "A Useful Process".

Use this Know to Mystery Scale.

Know
Not Know
Know about
Look
Plus emotion
Minus emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Unconscious
Unknowable

Get a list of "What terminals could represent Unknowable".
NOT Listing and Nulling.

Run each reading terminal in order of descending reads
as follows:

F-1 "Recall something _____ has done to you."
"Recall something _____ has withheld from you."
to EP _____

F-2 "Recall something you have done to _____."
"Recall something you have withheld from _____."
to EP _____

F-3 "Recall something _____ has done to others."
"Recall something _____ has withheld from others."
to EP _____

Then repeat above procedure for each level of the
Know to Mystery scale from bottom to top.
each to EP _____

19. FORMULA 19

REF: HCOB 16 Feb 1961, "Formula 19".

F-1 "What has another done to you?"
"What has another withheld from you?" to EP _____

F-2 "What have you done to another?"
"What have you withheld from another?" to EP _____

F-3 "What has another done to others?"
"What has another withheld from others?" to EP _____

20. O/W PROCESS THIS LIFE TIME

REF: HCOB 10 July 1964, "Overts - Order of Effectiveness
in Processing".

F-1 "In this lifetime what has another
done to you?"
"In this lifetime what hasn't another
done to you?" to EP _____

F-2 "In this lifetime what have you done
to another?"
"In this lifetime what haven't you
done to another?" to EP _____

- F-3 "In this lifetime what has another
done to others?"
"In this lifetime what hasn't another
done to others?" to EP _____

21. BEST RESPONSIBILITY PROCESS

REF: HCOB 4 Feb 1960, "Theory of Responsibility Processing".

Locate an area where pc cannot do, is having trouble
or cannot take responsibility.

Find charged terminals that represent area.

Run each reading terminal in the following in
descending order of reads.

- F-1 "What has _____ done to you?"
"What has _____ withheld from you?" to EP _____
- F-2 "What have you done to _____?"
"What have you withheld from _____?" to EP _____
- F-3 "What has _____ done to others?"
"What has _____ withheld from others?" to EP _____

22. DYNAMIC O/W STRAIGHTWIRE

REF: HCOB 16 Feb 1959, "HGC Processes for those trained
in engram running or trained in these Processes".

Assess each dynamic with a represent question. For pcs
not familiar with Scientology terms use Dynamic list
on the HCOB.

"Tell me something that would represent _____ (dynamic)."
NOT Listing and Nulling.

Run the reading items in order of descending read.

(Note: fully complete one dynamic before assessing the next.)

- F-1 "Think of something _____ has done to you."
"Think of something _____ has
withheld from you." to EP _____
- F-2 "Think of something you have done to _____."
"Think of something you have withheld
from _____." to EP _____
- F-3 "Think of something _____ has done to others."
"Think of something _____ has withheld
from others." to EP _____

25. REGIMEN 6 O/W

REF: HCOB 6 Oct 1960, "36 New Presessions".

Assess a prepared list of 6th Dynamic terminals.
(Use the 6th Dynamic lists of HCOB 31 Oct 1963. Assess
Assess and handle list A, then list B, etc.

Run on each reading terminal in descending order
of reads on the following three processes:

- F-1 "Get the idea of _____ doing something to you."
"Get the idea of _____ withholding
something from you." to EP _____
- F-2 "Get the idea of you doing something to _____."
"Get the idea of you withholding
something from _____." to EP _____
- F-3 "Get the idea of _____ doing something
to others."
"Get the idea of _____ withholding
something from others." to EP _____

ALSO

- F-1 "What has _____ done to you?"
"What has _____ withheld from you?" to EP _____
- F-2 "What have you done to _____."
"What have you withheld from _____." to EP _____
- F-3 "What has _____ done to others?"
"What has _____ withheld from others?" to EP _____

ALSO

- F-1 "Get the idea of _____ having done
something to you."
"Get the idea of _____ having withheld
something from you." to EP _____
- F-2 "Get the idea of you having done
something to _____."
"Get the idea of you having withheld
something from _____." to EP _____
- F-3 "Get the idea of _____ having done
something to others."
"Get the idea of _____ having withheld
something from others." to EP _____

24. O/W PROCESS ON TROUBLE PERSONS

REF: HCOB 14 April 1969, "New PE Data".

- F-1 "What part of your life has another made you responsible for?" to EP _____
- F-2 "What part of another's life have you made him/her responsible for?" to EP _____
- F-3 "What part of others lives has another made them responsible for?" to EP _____

ALSO

Ask "What person do you have problems about?"

Run the following on each reading item:

- F-1 "What has _____ done to you?"
"What has _____ withheld from you?" to EP _____
- F-2 "What have you done to _____?"
"What have you withheld from _____?" to EP _____
- F-3 "What has _____ done to others?"
"What has _____ withheld from others?" to EP _____

Reassess the list of unrun items and run any now reading as above.

25. O/W FLOWS PROCESS

REF: HCOB 25 Jan 1962, "Flow Process".

- F-1 "What had to be outflowed by another to you?"
"What had to be withheld by another from you?"
"What had to be inflowed by you from another?"
"What had to be held off by you from another?"
to EP _____
- F-2 "What had to be outflowed by you to another?"
"What had to be withheld by you from another?"
"What had to be inflowed by another from you?"
"What had to be held off by another from you?"
to EP _____
- F-3 "What had to be outflowed by another to others?"
"What had to be withheld by another from others?"
"What had to be inflowed by others from another?"
"What had to be held off by others from another?"
to EP _____

26. LOCATIONAL RESPONSIBILITY

REF: Scientology Clear Procedure, Issue 1, p. 22.

"You look around here and find something you could be responsible for." to EP _____

"You look around here and find something you don't have to be responsible for." to EP _____

"You look around here and find something you would permit somebody else to be responsible for." to EP _____

27. RESPONSIBILITY PROCESS

REF: HCOB 16 Dec 1959, "Important".

Run on charged items.

F-1 "What part of a _____ could you be responsible for?" to EP _____

F-2 "What part of a _____ could another be responsible for?" to EP _____

F-3 "What part of a _____ could others be responsible for?" to EP _____

28. CAUSE - WITHELD PROCESS

REF: HCOB 28 Jan 1960, "The Key to all Cases - Responsibility".

Run on an area where the pc conceives himself to be a victim, on a reading terminal which represents that area.

F-1 "What could a _____ admit causing you?"
"Think of something a _____ could withhold from you." to EP _____

F-2 "What could you admit causing a _____?"
"Think of something you could withhold from a _____." to EP _____

F-3 "What could a _____ admit causing others?"
"Think of something a _____ could withhold from others." to EP _____

29. WITHOLD PROCESS

REF: HCOB 14 July 1960, "Concept Help".

F-1 "What could another withhold from you?" to EP _____

F-2 "What could you withhold from another?" to EP _____

F-3 "What could another withhold from others?"
to EP _____

30. LEVEL TWO TRIPLE

REF: HCOB 5 Aug '68 "Level Two" is amended as these
flows will now be run separately.

2-F1 "What has been done to you?" to EP _____

2-F2 "What have you done?" to EP _____

2-F3 "What has another done to another?" to EP _____

Havingness:

2H-F1 "Tell me a flow you could be interested in"
to EP _____

2H-F2 "Tell me a flow another would be interested in"
to EP _____

2H-F3 "Tell me a flow others would be
interested in" to EP _____

Tr & Service Bureau
As amended by
XII Tech Club Controller
for
L. RON HUBBARD
FOUNDER